

Bereitschaftskalender 2022

KK= Training

Januar		Februar		März		April		Mai		Juni		Juli		August		September		Oktober		November		Dezember	
1	S			1	D			1	D			1	F	KK			1	D			1	D	
2	S			2	M	KK		2	M	KK		2	S				2	F			2	M	
3	M			3	D			3	D			3	F	KK			3	S	KK		3	M	KK
4	D			4	F			4	F			4	M	KK			4	D			4	F	
5	M			5	S	KK		5	S			5	D				5	M	KK		5	M	KK
6	D			6	S			6	S			6	M	KK			6	D			6	D	
7	F			7	M	KK		7	M			7	D				7	F	KK		7	F	KK
8	S			8	D			8	D			8	F	KK			8	S			8	S	
9	S			9	M	KK		9	M	KK		9	D				9	F	KK		9	F	KK
10	M			10	D			10	D			10	S				10	M	KK		10	M	KK
11	D			11	F			11	F	KK		11	M	KK			11	D			11	D	
12	M			12	S			12	S			12	D				12	M	KK		12	M	KK
13	D			13	S			13	S			13	M	KK			13	D			13	D	
14	F			14	M	KK		14	M	KK		14	D				14	F	KK		14	F	KK
15	S			15	D			15	D			15	F	KK			15	S			15	S	
16	S			16	M	KK		16	M	KK		16	D				16	F	KK		16	F	KK
17	M			17	D			17	D			17	S				17	M	KK		17	M	KK
18	D			18	F			18	F	KK		18	M	KK			18	D			18	D	
19	M			19	S	KK		19	S	KK		19	D				19	F	KK		19	F	KK
20	D			20	S			20	S			20	M	KK			20	M	KK		20	M	KK
21	F			21	M	KK		21	M	KK		21	D				21	F	KK		21	F	KK
22	S			22	D			22	D			22	F	KK			22	S			22	S	
23	S			23	M	KK		23	M	KK		23	D				23	M	KK		23	M	KK
24	M			24	D			24	D			24	F				24	S	KK		24	S	KK
25	D			25	F			25	F	KK		25	M	KK			25	D			25	D	
26	M			26	S			26	S			26	D				26	F	KK		26	F	KK
27	D			27	S			27	S			27	M	KK			27	M	KK		27	M	KK
28	F			28	M	KK		28	M	KK		28	D				28	D			28	D	
29	S			29	D			29	D			29	F	KK			29	M	KK		29	M	KK
30	S			30	M	KK		30	M	KK		30	D				30	F	KK		30	F	KK
31	M			31	D			31	D			31	S				31	M	KK		31	M	KK